

MAY IS MENTAL HEALTH AWARENESS MONTH



FREE Suicide Prevention Trainings Offered in May



In honor of National Mental Health Awareness Month, help us build a suicide-safer community by attending one of our **FREE** suicide prevention trainings.

All trainings will be held at a Mental Health Partners location from 6:00-7:00 PM, doors open at 5:30 PM

See below for dates and locations

Thursday, May 2nd in Lafayette
(1455 Dixon Ave, 1st Floor)



Tuesday, May 14th in Boulder
(Ryan Wellness Center; 1000 Alpine Ave
2nd Floor CO Rooms)



Wednesday, May 22nd in Broomfield
(Health & Human Services Bldg;
100 Spader Way: 1st Floor Heritage Rms)



Wednesday, May 29th in Longmont
(St Vrain Community HUB; 515 Coffman St.
3rd Floor Mtg Rm)



Register Today:

To register go to:
mhpcolorado.org/free-trainings/

Or email:
Trainings@mhpcolorado.org

(Please mention which date you would like to attend in your email)

****If you can't attend any of these dates, but still would like to receive **FREE** suicide prevention training, please email trainings@mhpcolorado.org to be added to our upcoming training list.**

Together, we can save lives

Our most popular suicide prevention training, Question-Persuade-Refer (QPR), will be offered by Mental Health Partners' expert trainers. This one-hour training highlights how individuals can recognize the warning signs of suicide and how to respond and provide help.

Donations to our suicide prevention campaign are welcome! Contributions will fund scholarships, bilingual resources and more. Please contact philanthropy@mhpcolorado.org for more information or donate online at mhpcolorado.org/donate. Mental Health Partners is a 501(c)(3) organization founded in 1962 to provide convenient, affordable and accessible mental health care for residents in Boulder and Broomfield counties.